

Expanding geriatric services at Robina Private Hospital support ageing Gold Coasters

With more than 90,000 Gold Coasters aged 65 years and over, understanding the physical and mental challenges that come with ageing underpins Robina Private's holistic and multidisciplinary approach to care.

Hospital CEO, Claire Thurwood confirms Robina Private's innovative, evidence-based programs for ageing Gold Coasters, which support the deterioration of physical strength and mental acuity continue to gain popularity, along with its comprehensive range of services specifically designed for older people with both mental health issues and medical/rehabilitation needs.

"We have experienced a steady increase in the demand for geriatric services since the new older person's specialised care unit opened and we are pleased to welcome Dr Alicia Wu to the team at Robina Private Hospital in response to that demand."

"Dr Wu is a consultant physician in geriatric medicine who specialises in the diagnosis and management of dementia and delirium in the older patient, which offers us a seamless extension to the services for older people currently being led by Dr Penny King, psychogeriatric specialist, and Dr Rohit Bansal, geriatric medicine specialist," says Claire.

Robina Private Hospital offers a fully integrated inpatient, day patient and outpatient mental health service for older persons, a 30 bed dedicated older persons' mental health ward and a new 12 bed older persons' specialised care unit complements

the 18 bed medical and rehabilitation ward.

Day programs include targeted rehabilitation for physical and neurological conditions, including the internationally recognised PD Warrior® program, as well as the Cognitive Stimulation Program (Healthy Minds), Assessment and Memory Clinic, and the Cognitive Behaviour Therapy for Older



People (Young @ Heart) mental health programs.

For further information or to arrange a referral, please contact Robina Private Hospital on 07 5665 5100.

MEET OUR NEW GERIATRIC SPECIALIST

Dr Alicia Wu FRACP, MBBS is a consultant physician in geriatric medicine. Graduating from the University of New South Wales with a Bachelor of Medicine and a Bachelor of Surgery she trained in tertiary hospitals in Sydney before receiving her Fellowship of the Royal Australasian College of Physicians with specialisation in geriatric medicine in 2018.

Dr Wu is passionate about geriatric medicine and the provision of patient-centred holistic care that encompasses all aspects of our patient's health and wellbeing.

What she enjoys most about her work is getting to know her patients, understanding their past experiences, their values, culture, what is important to them, and their hopes and priorities for the future.

She believes that it is important to establish a positive and trusting therapeutic relationship as geriatric medicine is all about shared decision-making between the doctor, the elderly patient, their loved ones and carers.

With extensive experience in acute geriatrics, rehabilitation, orthogeriatrics and surgical liaison, psychogeriatrics, stroke liaison and community geriatrics, her main areas of interest include cognitive disorders and palliative care.

She aims to achieve the best quality of life for each of her patients inclusive of healthy and dignified ageing, believing that as a geriatrician, she also has a role in shaping our society's perception of ageing and the older person.

Dr Wu hopes to extend her practice to include visits to residential aged care facilities on the Gold Coast as well as domiciliary home visits.

To arrange an appointment of referral, please phone 1300 662 884 or fax 1300 889 895 or email reception@qmgm.com.au



Dr Alicia Wu

Patients in need of general medical, rehabilitation, mental health or dementia care?

Robina's newest private hospital can help with a range of surgical, medical, rehabilitation and psychological needs. We are an established 90 bed private hospital provider in Queensland's Robina Health Precinct and have proudly been helping Gold Coasters since 2016.

Robina
Private Hospital

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healthcare™



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