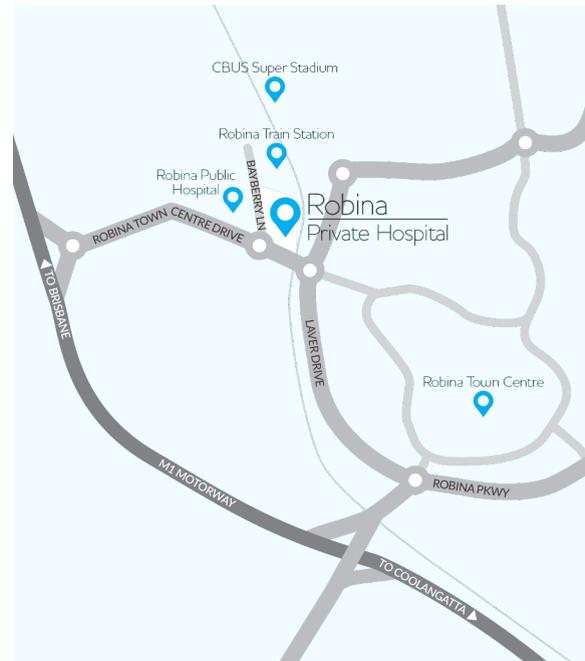


Day surgery

Leaving the hospital

You must be picked up in a private car or taxi and should be accompanied by a responsible adult to stay with you for the remainder of the day and overnight. Please ensure you take your scans, x-rays and medications with you. The nurse will provide you with post-operative instructions so please follow these carefully. If you have any questions please feel free to call us.

We look forward to caring for you during your short stay.



Robina
Private Hospital

1 Bayberry Lane, Robina QLD 4226
T: 07 5665 5154
E: robina.dsu@healthcare.com.au
robinaprivate.com.au



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Robina
Private Hospital



About our day surgery unit

Robina Private Hospital's day surgery unit provides the best possible environment for you to have your surgery without having to stay in hospital overnight. This brochure provides information about our unit and outlines how we can work with you to improve the care provided to you.

Booking in for surgery

Your surgeon will give you a date for your procedure and provide you with a hospital preadmission form. Please fax, email or deliver this form to the hospital at least seven days prior to admission.

Patient information

Our admissions office will contact you the business day before your scheduled procedure to confirm your admission and fasting time. You will be informed of your out-of-pocket expenses and provided directions to the hospital.

Prior to your visit to hospital

Please contact your doctor if you develop a cold or illness prior to surgery or if you need to cancel your procedure.

Smoking

You should not smoke 12 hours prior to surgery. In accordance with Queensland Government smoking legislation there is no smoking permitted on the hospital grounds and five metres beyond the hospital boundary.

Parking

There is a time limit of 15 minutes for free onsite parking when you are dropped off by a family member or friend. Full daily parking fees apply to all cars parked onsite.

Medicines and tablets

If you are taking medicines or tablets you should continue to do so as usual with a sip of water unless otherwise instructed by your doctor.

When you come to hospital

What to bring:

- All of your current medications
- Medicare card/healthcare card/pension card/private health card
- Current scans or x-rays relating to your admission

What to wear:

- Loose, comfortable clothing
- Cotton underpants
- Do not wear makeup, nail polish or contact lenses
- Leave all jewellery and valuables at home



The day of your procedure

Take a shower but please avoid using any deodorant, talcum powder or perfume prior to coming to hospital.

It is very important that you arrive on time to allow for your preoperative preparation. Please contact the hospital if you anticipate arriving later than your admission time.

On arrival, please check in at the admissions desk. Once paperwork is complete and any out-of-pocket expenses paid, you will be directed to the day surgery waiting area to be seen by the nurse and anaesthetist.

Your planned admission time will be as close to your operating time as possible, however sometimes due to unforeseen events the wait might be extended. Your patience is greatly appreciated, and please be assured we will do our utmost to reduce your waiting time wherever possible.

After surgery

When you wake from surgery you will be in the recovery room for observation for a short period prior to being transferred to the recovery lounge. You may then change back into your own clothes and will be offered some light refreshments.

You may feel drowsy after the procedure, and for the next 24 hours a small amount of anaesthetic may still be circulating in your body. During this time you must not drive a car, operate machinery or drink alcohol.

Patients are not permitted to drive a motor vehicle 24 hours following a general anaesthetic.