# Memory Clinic (Assessment Clinic)

Providing resources, education and clinical support to enhance the ability to change the way to think, feel and behave.

## Who is the program for?

A comprehensive Memory Clinic assessmen would benefit people experiencing memory loss or who feel their ability to think clearly and problem solve has worsened. The assessment also includes recommendations for treatment.

### Process

- Obtain a referral from a General Practitioner
- Book an appointment
- Attend two half day sessions
- Attend with a family member/carer

#### About the Memory Clinic (Assessment Clinic)

This is a comprehensive assessment process involving patients and a family member/carer. It comprises two half day appointments. The first is with our registered mental health nurse who undertakes the assessment. The follow up appointment provides the results, and makes recommendations for improving quality of life and further treatment. This second appointment is with the nurse and a Robina Private Hospital consultant psychiatrist.

#### When is it held?

This individual session is held once weekly. Patients will be allocated an appointment time when booking the assessment. Please allow a half day for each appointment. A family member/carer must accompany the patient and be present for the duration of the appointment.

Speak to a psychiatrist at Robina Private Hospital or contact Robina Private Hospital's day program reception on 07 5665 5100 to find out which days this group is offered.

#### How to join

Patients interested in attending the Memory Clinic (Assessment Clinic) will need a referral to a psychiatrist with admission rights to Robina Private Hospital.

#### How much does it cost?

Participants are admitted as a day patient and as such, can claim their attendance via their health fund. We ask that patients confirm any applicable out-of-pocket excess or gap costs directly with Robina Private Hospital.



