



## Specialist Profile

# Dr Kim Hurst

## Senior Psychologist

### Qualifications

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PhD; B.Arts Psych; Grad.Dip Psych; B.Soc.Sci Hons

### Sub-specialties

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- Eating Disorders

### Languages

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- English

### Telehealth

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Yes, upon request

### Professional background

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Kim joined Aurora Healthcare in 2018 to develop and lead the Eating Disorder Service at Robina Private Hospital. She is a Senior Psychologist specialising in eating disorders, working across a range of treatment settings including psychiatric inpatient and outpatient services.

Dr Hurst has developed specialist eating disorder clinical policies and is focused on service improvement strategies to enhance treatment delivery. She is also passionate about early intervention programs and has delivered workshops to school children, guidance officers and teachers on positive body image.

Dr Hurst is on the Executive Committee (past President) for the Australian & New Zealand Academy for Eating Disorders (ANZAED) and was a member of the Queensland State-Wide Eating Disorders Advisory Group. She has coordinated a national eating disorder conference and smaller workshop events, has a solid record of presenting at local, national and international eating disorder conferences and has several published works within the field.

### Referral and appointments

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T: 07 5665 5166

F: 1300 787 810

E: [rbn.specialtyclinic@aurorahealth.com.au](mailto:rbn.specialtyclinic@aurorahealth.com.au)

Referrals can be sent via Medical Objects