

# Memory Clinic (BPSD Clinic)

Providing resources, education and clinical support to enhance the ability to change the way to think, feel and behave.

## Who is the program for?

This clinic is a day hospital program for the assessment and management of people with a known memory disorder who are experiencing adverse Behavioural and Psychological Symptoms of Dementia (BPSD). Our aim is to provide a comprehensive specialist assessment and management plan in consultation with family and carers.

## Process

- Obtain a referral from a General Practitioner
- Book an appointment
- Attend two half day sessions
- Attend with a family member

# Robina Private Hospital

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**About the Memory Clinic (BPSD Clinic)**

This clinic is for people living in the community or in residential care settings who have a diagnosis of dementia and are experiencing BPSD.

BPSD will occur at some point in up to 90% of persons with dementia during the course of the condition. The impact of BPSD on people with dementia, their loved ones and carers can be devastating. We aim to provide an evidence based, best practice assessment and management plan intervention that is person centred and supportive of carers. The assessment takes place over two half day hospital admissions at Robina Private Hospital and is overseen by an experienced team of psychogeriatricians and mental health nurses.

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**When is it held?**

This individual session is held once weekly. Patients will be allocated an appointment time when booking the assessment. Please allow a half day for each appointment. A family member must accompany the patient and be present for the duration of the appointment.

Speak to a psychiatrist at Robina Private Hospital or contact Robina Private Hospital's day program reception on 07 5665 5100 to find out which days this group is offered.

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**How to join**

Patients interested in attending the Memory Clinic (BPSD Clinic) will need a referral to a psychiatrist with admission rights to Robina Private Hospital.

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**How much does it cost?**

Participants are admitted as a day patient and as such, can claim their attendance via their health fund. We ask that patients confirm any applicable out-of-pocket excess or gap costs directly with Robina Private Hospital..