



Dr Vinay
Garbharran

Dr Vinay Garbharran MBBCh (Wits), FRANZCP, Cert.Chld.Adol.Psych. Adjunct Associate Professor (School of Applied Psychology - Griffith University) is a Child and Adolescent Psychiatrist who also works with adults. He uses various treatment modalities including psychotherapy, family interventions and medications to treat a range of conditions. This includes anxiety and mood disorders, behavioural disorders, OCD, ADHD, Autism Spectrum Disorders, eating disorders, trauma and attachment disorders, unexplained medical symptoms and people struggling with co-morbid medical and mental health conditions.

Dr Garbharran completed his medical training at the University of Witwatersrand in Johannesburg South Africa, and after working in both South Africa and the UK moved to the Gold Coast in 1999. He gained his specialist qualifications in Psychiatry as well as an advanced certificate in Child and Adolescent Psychiatry in 2005.

He has extensive experience in Child and Youth Mental Health Services (CYMHS) on the Gold Coast, being the clinical lead on the CYMHS ward at Robina Hospital until 2009, and

then at the community CYMHS clinic in Southport up until December 2016. He also provided Consultation-Liaison services to the Paediatric Ward for 12 years, working closely with the Paediatric Team during this time. He moved into full time private practice in February 2017.

In addition to running his private practice and managing inpatients (over the age of 16) and day patients out of Robina Private Hospital, Dr Garbharran is the Director of Eating Disorders at the hospital. He established an Eating Disorders Day Program for patients between the ages of 16 and 25. He has extensive experience in managing young people with Eating Disorders in various settings as well as at various stages in their recovery.

Dr Garbharran also has academic interests being involved in teaching medical students, Registrars and Psychologists over the years. He has collaborated with Griffith University on various studies, currently being an investigator on their 'OCD Busters' research program. He holds the position of Adjunct Associate Professor in the School of Applied Psychology at Griffith University.

To arrange an appointment or referral, please contact Robina Private Hospital by phoning 07 5665 5155 or faxing 07 5665 5198.

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