

Rehabilitation

Private medical rehabilitation services helping Gold Coasters get back on their feet.

Who is the program for?

Offering both inpatient and day programs, our services provides a personalised approach to your rehabilitation needs.

You will be involved in the planning of your program to ensure all rehabilitation goals are addressed and you understand your personalised plan of care.

Program suitable for

- Parkinson's Disease
- Vascular Disease
- Neurological Disorders
- Musculoskeletal Disorders
- Recurrent Falls
- Balance Disturbances
- Orthopaedic Conditions
- Recent Orthopaedic Surgery

Program content

- Balance Re-Education
- Gait Reduction
- Falls Prevention
- Energy Management
- Relaxation and Mindfulness

Robina
Private Hospital

1 Bayberry Lane, Robina QLD 4226 T: 07 5665 5100 F: 07 5665 5199
E: rbn.rehab@aurorahealth.com.au / robinaprivate.com.au

About the service

Goals of the program are based on a reasonable expectation of improvement, as assessed by the accredited private rehabilitation physician and in conjunction with members of the multi-disciplinary team comprising of specialists, allied health professionals and nursing staff.

We help you set achievable goals for recovery and tailor your rehabilitation to ensure you can achieve them. The program continues until your goals are achieved.

We work with you to ensure you are discharged into a safe and supportive environment.

We are committed to providing the highest standards of care in a friendly environment and our team's objective is to return you to previous level of function.

Inpatient Program Structure

Daily therapy, 7 days a week as tolerated.

Outpatient Program Structure

This open group program is held on various days of the week, over six weeks, consisting of doctor reviews, physiotherapy, occupational therapy and other allied health services.

Accessing the Service

Patients will need to talk to their GP or Specialist who will assess suitability and if appropriate, provide a referral for assessment.

Our online referral form can be found on our website or a referral can be emailed to rbn.rehab@aurorahealth.com.au

Cost

If your private health fund supports a rehabilitation admission it is likely you will be eligible for the Robina Private Hospital's inpatient and outpatient rehabilitation program. We also accept DVA and Workcover referrals.

We ask that patients confirm any applicable out of pocket excess or gap costs directly with Robina Private Hospital. Please contact our admissions team on 1800 707 581 if you have any queries.

Aurora